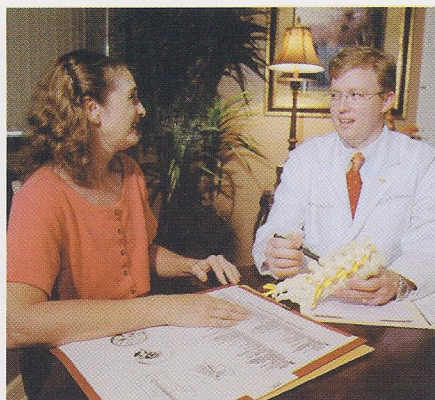


# THE THREE PHASES OF LORDEx



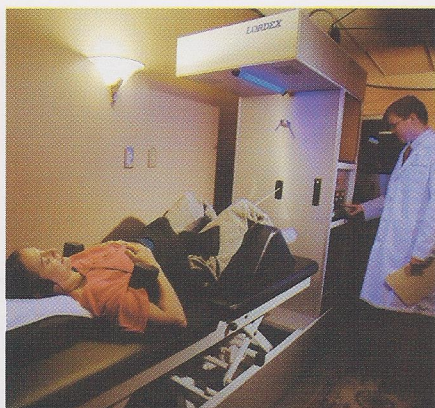
## PHASE 1 IS RELIEF.

As a general rule, most guests experience significant changes in symptoms within the first three to eight Lordex® procedures. Occasionally, a more advanced degenerative condition or multiple level herniated discs may take 10-15 sessions before realizing a major decline in symptoms. Also, some guests appear to have rapid relief after the first treatment. Relief response varies according to age, body morphology and degree of severity.



## PHASE 2 IS CORRECTION.

As strength is regained in the lumbar spine, circulation is restored to the damaged disc, and the healing begins. Correction implies that the progressive process that leads to the painful episode has been slowed, stopped or reversed. This corrective process occurs simultaneously with symptom relief.



## PHASE 3 IS STRENGTHENING.

The process that leads to most low back pain (mechanical spinal pathology) involves destabilization of the support structures, degeneration and ultimately re-stabilization. The Lordex® procedure quickly reintroduces kinetic activity to the joints, muscles, tendons and ligaments to help you regain back strength and restore lost lumbar stability.

Each guest will complete 20 - 30 Lordex® procedures at various paces. Some prescriptions will be daily for 20 - 30 treatments; others may be daily for 1-2 weeks followed by a decreasing frequency. At the Lordex® Spine Institute, your individual condition dictates the prescription for your care.

Following completion of the Lordex® Protocol, you will be prescribed a Lordex® Spinal Hygiene Machine. This home unit has been specially designed to help each guest maintain the same level of improvement acquired during in-office Lordex® therapy. An easy-to-follow video to help you continue your home therapy accompanies the unit.

Committed to improving your health; dedicated to providing the highest levels of service. Our guests are invited to call our personal assistant desk for any questions or concerns. A doctor or care attendant is on hand to answer your call at any time.

At the Lordex® Spine Institute, it is our privilege to serve you.

LORDEX®  
SPINE INSTITUTE

