



Lordex Spine Center of Columbia, P.C.

3400 Buttonwood Dr. Ste. C

Columbia, MO 65201

Dr. Brooks Travis, D.C.

Dr. Sudhir Bathcu, M.D., M.S.

573-443-0551

Hyperbaric Oxygen Therapy Instructions

The following is a list of items that are very important to the care that you will be receiving. Please keep this form in a convenient place so that you can review it periodically.

Before HBO – NO SMOKING

Before HBO- NO CAFFEINE (rec. for 6 hrs. before and after)

Before HBO- NO CARBONATED BEVERAGES (an hour before)

BEFORE HBO- NO INGESTIONS OF ALCOHOL

BEFORE HBO- IF DIABETIC- eat and take insulin

BEFORE HBO- IF DIABETIC-Record and report blood sugar findings

BEFORE HBO- REPORT SEIZURE SYMPTOMS

BEFORE HBO- REPORT COLD OR FLU SYMPTOMS

APPOINTMENTS- If you are unable to come, PLEASE call us 24 hours in advance at 573-443-0551. Leave a message if you are unable to speak to a staff member.



LORDEX®

I have reviewed this document and understand the importance of the information above and acknowledge receipt of the same. I understand that failure to comply with these reminders will result in delay in my care and/or termination of treatment.

Staff _____

Patient/ Significant other _____

DATE: _____